Life Christian School & Academy

Lower School Lunch Menu

May/June

Brittney Hjelseth, R.D.

(253)756-2414

cfm@life-christian.org

Menu Subject to Change

Nutrition Tip:

Breakfast is the most important meal. It fuels your body with energy and key nutrients to jump start the day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corn Dogs ***Veggies*** Green Salad Fresh Fruit & Veggies Milk 6	***Egg Rolls*** ***Rice*** Green Salad Fresh Fruit & Veggies Milk 7	***Choc. Chip Pancakes*** ***Sausage & Eggs*** Green Salad Fresh Fruit & Veggies Milk 8	***PIZZA DAY*** Green Salad Fresh Fruit & Veggies Milk 9	***Soup & Salad Bar*** ***Roll*** Green Salad Fresh Fruit & Veggies Milk 10
Bean & Cheese ***Burrito*** Green Salad Fresh Fruit & Veggies Milk 13	***BBQ Chicken*** ***Veggies*** Green Salad Fresh Fruit & Veggies Milk 14	***Chicken*** ***Quesadilla*** Green Salad Fresh Fruit & Veggies Milk 15	***PIZZA DAY*** Green Salad Fresh Fruit & Veggies Milk 16	***Cheeseburger*** ***Fries*** Green Salad Fresh Fruit & Veggies Milk 17
Meatball Subs Green Salad Fresh Fruit & Veggies Milk 20	***Homemade Chili*** ***Corn Bread*** Green Salad Fresh Fruit & Veggies Milk 21	***Pasta Bar*** ***Alfredo or Marinara*** Green Salad Fresh Fruit & Veggies Milk 22	***PIZZA DAY*** Green Salad Fresh Fruit & Veggies Milk 23	***Orange Chicken*** ***Rice*** Green Salad Fresh Fruit & Veggies Milk 24
NO SCHOOL 27	***Pizza Sticks*** Green Salad Fresh Fruit & Veggies Milk 28	***Chicken Strips*** ***Veggies*** Green Salad Fresh Fruit & Veggies Milk 29	***PIZZA DAY*** Green Salad Fresh Fruit & Veggies Milk 30	***Chicken Taquitos*** Green Salad Fresh Fruit & Veggies Milk 31
Hot Dogs ***Fries*** Green Salad Fresh Fruit & Veggies Milk 3	***Mac & Cheese*** ***Veggies*** Green Salad Fresh Fruit & Veggies Milk 4	***Mini Chicken*** ***Cordon Blue*** Green Salad Fresh Fruit & Veggies Milk 5	***PIZZA DAY*** Green Salad Fresh Fruit & Veggies Milk 6	***LAST DAY OF*** ***SCHOOL!*** ***EARLY DISMISSAL*** 7

*Reminder: Lunch payments can be dropped off at the school office or made at www.paypams.com. Thank you!!